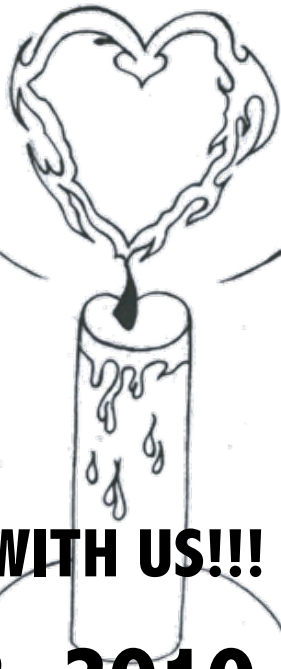


Awareness Walk

Support awareness of
Teen Depression and Suicide



COME WALK WITH US!!!

March 12, 2010

7-11pm

T-Shirts available at CMC and CCC
during lunch until walk day!

**At the Clackamas Community
College Track**

GET INVOLVED!!!!!!

kloewen@lclark.edu 503.518.5925

www.clackamasmiddlecollege.org

the light
in our
heart
never
fades...





Teen Depression and Suicide are real issues...

- 20% of teens will experience depression before they reach adulthood.
- 10-15% of teens show symptoms of depression at any given time.
- Most teens with depression will suffer from more than one episode.
- 15% of teens with depression eventually develop bipolar disorder.
- 30% of teens suffering from depression will also develop one or more problems with substance abuse.
- Less than 33% of teens suffering from depression successfully seek and receive help for their disorder.
- Nearly 16% of eighth graders and 14% of eleventh graders in Oregon reported seriously considering suicide in 2007.
- There are an estimated 134 attempts for every suicide death.

Trillium Family Services and Clackamas Community College believe...
every child has the potential to thrive.

Trillium Family Services
3415 SE Powell Blvd.
Portland, Oregon 97202
503.234.9591
www.trilliumfamily.org