

Unit 6 – Specific Injuries/Sudden Illness

Scalp wounds are difficult to deal with because:

1. The scalp bleeds easily.
2. There is a greater chance of infection
3. It is harder to locate the exact place of injury (because of hair)

Steps in Treating a Nosebleed:

1. Have victim sit up and lean forward
2. Apply pressure at midline (squeeze nose)
3. Apply cold compresses (nose, neck or forehead)
4. Insert sterile gauze, leaving a tail
5. If bleeding continues, call or visit Dr.

Complications with injuries to hands, feet or legs.

1. With the elderly, they will stay injured longer because of generally poorer circulation. Swelling will also last longer.
2. Swelling, in general

First Aid for injuries for extremities:

1. Ice for periods of 15-20 minutes. Wait twice as long before you replace the ice.
2. Elevate about the heart