

FIRST AID – UNIT 9 BANDAGING

1. Triangular
 - a. Foot
 - b. Hip
 - c. Shoulder
 - d. Arm Sling

2. Roller
 - a. Anchor
 - b. Three ways to tie off
 - i. Cut and pin
 - ii. Cut and tie
 - iii. “Magic”
 - c. Three types of circular turns
 - i. Open
 - ii. Closed
 - iii. Spiral reverse
 - d. Figure 8

3. Cravat – Rectangular shaped piece of material
 - a. Sprained ankle

4. What qualities make an effective bandage?
 - a. Neat
 - b. Secure – holds dressing in place
 - c. Applies pressure
 - d. Fast

***Know what type of injury each bandage is used for.