

# FIRST AID – UNIT 3

## WOUNDS AND CONTROL OF BLEEDING

OBJECTIVES: After studying this unit, you should be able to:

1. State the two major objectives for first aid care for wounds.
2. Recognize potential hazards that could cause wounds that result in severe bleeding.
3. Understand how to prevent hazardous situations from occurring.
4. Identify two places on the body that bleed the easiest.
5. Name the three kinds of blood vessels and their primary function.
6. Restate the four components of blood and their functions.
7. Explain the difference between open and closed wounds. List the five types of open wounds and describe each.
8. Explain treatment of severe bleeding, including the use of direct pressure.
9. List six pressure points and identify two places on the body where it is recommended that the pulse be taken.
10. Know the following information:
  - a. # of heart beats per minute for the average female, male, and child
  - b. # of quarts of blood in an average person
  - c. Amount of blood loss that indicates a serious condition
  - d. Describe three general conditions that will affect the heart beat
11. Define what is meant by the following terms.

a. Systolic pressure	f. Diastolic pressure
b. Pulse	g. Arteries
c. Veins	h. Capillaries
d. Red Blood Cells (RBC)	i. White Blood Cells (WBC)
e. Plasma	j. Platelets
12. Describe and give examples of wounds that involve great than usual danger to the individual and those that must be seen by a physician.
13. Identify closed wounds. Know the first aid care for closed wounds.
14. Identify the Prevention and First Aid care of infection.
15. With the concern in treating a possible AIDS victim, what are two important considerations a first aider must take?

Assignment: Review Ch. 8 – Bleeding

Check off –

- ✓ Apply a pressure bandage

