

## Spermatogenesis

Production of \_\_\_\_\_

Begins at \_\_\_\_\_ and continues throughout life

Occurs in the \_\_\_\_\_

\_\_\_\_\_ (stem cells) undergo rapid mitosis to produce more stem cells before puberty

\_\_\_\_\_ (FSH) stimulates sperm to divide

Primary spermatocytes undergo \_\_\_\_\_

**One primary spermatocyte produces \_\_\_\_\_ spermatids with \_\_\_\_\_ chromosomes**

## Human Life Cycle

Union of a \_\_\_\_\_ (\_\_\_\_ chromosomes) with an \_\_\_\_\_ (\_\_\_\_ chromosomes) creates a \_\_\_\_\_ (\_\_\_\_ chromosomes)

### \_\_\_\_\_ - Growth of a Sperm

Late spermatids are produced with distinct regions - \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

Spermatogenesis takes \_\_\_\_\_ days

## Structure of a Sperm

Head

Contains \_\_\_\_\_

\_\_\_\_\_ — “helmet” on the nucleus, similar to a large lysosome

Breaks down and releases \_\_\_\_\_ to help the sperm penetrate an egg

Midpiece - Wrapped by \_\_\_\_\_ for ATP generation (energy)

## Testosterone Production

Produced in \_\_\_\_\_

During puberty, \_\_\_\_\_ (LH) activate the interstitial cells

*Functions of testosterone:* Stimulates reproductive organ development, Underlies sex drive, Causes secondary sex characteristics like \_\_\_\_\_

## Ovarian Follicle Stages

**Primary follicle** — contains an \_\_\_\_\_ oocyte

**Graafian follicle** — \_\_\_\_\_ follicle with a maturing oocyte

**Ovulation** — when the egg is \_\_\_\_\_, the follicle ruptures; occurs about every \_\_\_\_\_

The ruptured follicle is **transformed into a** \_\_\_\_\_ (degenerated follicle)

## Oogenesis and the Ovarian Cycle

The **total supply of eggs are** \_\_\_\_\_

Ability to **release eggs begins a** \_\_\_\_\_

Reproductive ability **ends at** \_\_\_\_\_

Oocytes are **matured in** developing ovarian **follicles**

\_\_\_\_\_ — female **stem cells** found in a developing fetus

Oogonia undergo mitosis to **produce primary oocytes**

Primary oocytes are surrounded by cells that form \_\_\_\_\_ in the ovary

**Oogonia** \_\_\_\_\_ **by the time of birth**

Primary oocytes are \_\_\_\_\_  
\_\_\_\_\_ (FSH) causes some primary follicles to mature each month  
Follicle development to the **stage of a vesicular follicle takes about \_\_\_\_\_ days**  
\_\_\_\_\_ **signals the** release of the secondary oocyte

#### Ovulation

Once ovum is formed, the 23 chromosomes can be combined with those of the sperm to form the fertilized egg  
If the secondary oocyte is *not* penetrated by a sperm, it \_\_\_\_\_ and does not complete meiosis to form an ovum

#### Male and Female Differences

Males —

Females —

#### Uterine (Menstrual) Cycle

Cyclic changes of the \_\_\_\_\_  
Regulated by cyclic production of \_\_\_\_\_  
\_\_\_\_\_ regulate the production of estrogens and progesterone  
Both female cycles are about \_\_\_\_\_ days in length  
Ovulation typically occurs about midway through cycle on day 14

#### Menstrual phase - Days \_\_\_\_\_

Functional layer of the endometrium is \_\_\_\_\_

Bleeding occurs for 3–5 days

#### Proliferative stage - Days \_\_\_\_\_

\_\_\_\_\_ of functional layer of the endometrium

Ovulation occurs in the ovary at the end of this stage

#### Secretory stage - Days 15–28

Progesterone levels rise due to increase the blood supply to the endometrium

Endometrium \_\_\_\_\_ in size and \_\_\_\_\_ for \_\_\_\_\_

*If fertilization does occur:* Embryo produces a hormone that causes the corpus luteum to continue producing its hormones

*If fertilization does NOT occur:* Corpus luteum degenerates as LH blood levels decline

\_\_\_\_\_ – 1<sup>st</sup> period

\_\_\_\_\_ — a whole year has passed without menstruation, Ovaries stop functioning, Childbearing ability ends

#### Hormone Production by the Ovaries

**Estrogens:** Produced by \_\_\_\_\_ cells, Cause secondary sex characteristics

**Progesterone:** Produced by the \_\_\_\_\_, Does not contribute to the appearance of secondary sex characteristics, Helps maintain \_\_\_\_\_, Prepare the breasts for \_\_\_\_\_ production

#### Stages of Pregnancy and Development

##### Fertilization

The oocyte is viable for \_\_\_\_\_ hours after ovulation, Sperm are viable for \_\_\_\_\_ hours after ejaculation

##### Mechanisms of Fertilization

- When sperm reach the oocyte, enzymes break down the \_\_\_\_\_ layer of the oocyte
- Once a path is cleared, sperm undergo an acrosomal reaction (acrosomal membranes break down and \_\_\_\_\_ holes in the oocyte membrane)

- Membrane receptors on an oocyte \_\_\_\_\_ of the first \_\_\_\_\_ cell to make contact
- The membrane of the oocyte does \_\_\_\_\_ a second sperm head to enter
- Fertilization occurs when the **genetic material of a sperm combines with that of an oocyte to form a zygote**

### Developmental Stages

**Embryo** —

**Morula** —

**Blastocyst** —

**Fetus** —

### Development After Implantation

\_\_\_\_\_ develops

\_\_\_\_\_ — fluid-filled sac that surrounds the embryo

\_\_\_\_\_ - Blood-vessel containing stalk of tissue, Attaches the embryo to the placenta

### Functions of the Placenta

- Forms a \_\_\_\_\_ between mother and embryo (blood is not exchanged)
- Delivers \_\_\_\_\_ and \_\_\_\_\_
- Removes \_\_\_\_\_ from embryonic blood
- Produces hormones and takes over for the corpus luteum by producing: Estrogen, Progesterone, Other hormones that maintain pregnancy

### The Fetus (Beginning of the Ninth Week)

- All organ systems are formed by the \_\_\_\_\_
- Activities of the fetus are growth and organ specialization
- This is a stage of tremendous growth and change in appearance

### Childbirth (Parturition)

- \_\_\_\_\_ —the series of events that expel the infant from the uterus
- False labor — \_\_\_\_\_ contractions are weak, irregular uterine contractions

### Initiation of labor

- *Estrogen levels* \_\_\_\_\_
- Uterine \_\_\_\_\_ begin
- The *placenta releases* \_\_\_\_\_
- \_\_\_\_\_ is released by the pituitary
- Combination of these hormones oxytocin and prostaglandins produces contractions

### Dilation

- \_\_\_\_\_ becomes dilated
- Full dilation is \_\_\_\_\_ cm
- Uterine contractions begin and \_\_\_\_\_
- Cervix \_\_\_\_\_ and \_\_\_\_\_ (thins)
- The amnion \_\_\_\_\_ (“breaking the water”)
- Longest stage at 6–12 hours

## Expulsion

- Infant passes through the \_\_\_\_\_
- Can last as long as 2 hours, but typically is 50 minutes in the first birth and 20 minutes in subsequent births
- Normal delivery is \_\_\_\_\_
- \_\_\_\_\_ presentation is buttocks-first

## Placental stage

- Delivery of the placenta “\_\_\_\_\_”
- Usually accomplished within 15 minutes after birth of infant

## Developmental Aspects of the Reproductive System

Gender is \_\_\_\_\_

Males have \_\_\_\_\_ sex chromosomes

Females have \_\_\_\_\_ sex chromosomes

Gonads do not begin to form until the \_\_\_\_\_

\_\_\_\_\_ determines whether male or female structures will form